

## Selections from *Morning Talks*

“My new book *Morning Talks*, . . . which covers most aspects of Spirituality, is a God-given textbook to which all initiates should constantly refer, to see how they are measuring up to the standards for success in their man-making. I cannot stress sufficiently the importance of reading this book, digesting its contents, and then living up to what it contains.” These excerpts were originally published in the March 1970 *Sat Sandesh*.

From Chapter 7 – *What is True Love-I*:

. . . what you really want, that you will be given. There is a saying of the Masters that God has promised to give everything that a man wants, what his soul really desires. We simply say superficially that, "O God, we want You," but at the bottom, we want worldly things. If you have got real love for God in your heart, God will come to you, He will manifest to you. But generally, we want only worldly things, here and hereafter. Those who care for the love of God don't hanker after the worldly things, nor the wealth of the other worlds. They don't even want emancipation. They would like to have only one thing. No heaven, no earthly things, not emancipation, only to be with God, that's all. If we have really got that hankering in our heart, then naturally we must meet God. God will come to us. If we take one step that way, He will proceed one hundred steps to receive us. We have to decide what we want at our heart of hearts. Are we here only for the worldly things? Are we here only for the name and fame of the world? Are we here only to have things of the other world, or heaven? Are we really after emancipation from birth and death? A real lover wants none of these things. He wants God and God alone. This is the highest ideal that we can achieve in the man-body, and in no other.

So you have to decide by an honest searching of your heart, what you want. If you want God, then God will meet you, sure and certain. If you want something else, you will have it, that's all. You will get nothing short with whatever you want. But why, when you go to a King, do you want ordinary pebbles and stones? So we should judge how we stand, day by day. The result of reading scriptures, doing penances, performing this or that ritual, or doing one pilgrimage or another, all depends on the amount of love that you have got in your heart of hearts. If you have developed love for God, well and good. If not, then . . .? You must be going round in transmigration. It is a matter of only directing your attention, this way or that way.

From Chapter 16 – *What Special Practices Bear Fruit:*

Some people see the Master or God with their open eyes, while others don't see Him and wonder how those who do see Him have this experience. The strong man revels in his strength, and the weak man wonders how he got it. So it is a matter, wholly and solely, of concentration on one point. Suchlike devotion bears forth fruit. People who enjoy this state are just like a wife who is devoted to and always thinking of her husband. The others who are not devoted are like a wife whose heart is attached to other men, even though she may appear to be outwardly devoted to her husband. Well, the wife who is devoted only to one man, she enjoys. Her whole attention is riveted on her husband. A husband would also like such a wife who thinks of no other man except him, who adores him and has nobody else in her heart. A heart that is devoted to so many men outside, though married to one man, what good is that? So if you want your devotion, your love of God to bear fruit, then be wholly and solely devoted to One. Think of Him, see Him, hear about Him and know Him. Those who help us on the Way, we are thankful to them. Bhakti or devotion will bear forth fruit only when you are wholly and solely devoted to Him, so much so that you forget yourself.

From Chapter 21 – *What the Principles are of Bhakti or Devotion:*

I was just speaking about devotion, real bhakti. The first principle, the basic principle, and I would say the grandest of all, is to know that God is everywhere. We are living in Him and He is in us. We live and have our being in Him, like fish in the river. The fish lives in water, its whole life depends on water. It lives in water, it lives on water, from whence it gets its food. When God wished "I am One and wish to be many," the whole Universe emanated, came into being. The whole world is an expression, a manifestation of God. Where is that place where He is not? We are in Him, He is in us and is our Controlling Power. All ensouled bodies are the drops of the Ocean of all Consciousness. When we know this, all is beautiful. God is beautiful and any world made by Him, manifested by Him, is also beautiful. Beauty comes out of beauty, not from ugliness. Anything that appears to be ugly in the world is the result of the spectacles that we are wearing. If the glass of the spectacles is smoky, you will see all smoke. If it is red, everything will appear red. If it is black, everything will appear black. Well, the world is not black, red or smoky, mind that! So we have to change the trend of our mind, of our heart.

From Chapter 9 – *How to Develop Love:*

Love can be developed in many ways, but the most effective way is through looking at the Master, into the eyes of the Master. Eyes are the windows of the soul. The Master is always within at the eye focus, so when you talk to Him, you should always be attentive there. He is also attentive when He talks, and soul speaks to soul. The Master gives lessons through the eyes without talking. He is overflowing with the love and intoxication of God, and the radiation comes through His eyes very strongly. Those who are embedded in His eyes by receptivity get a

boost. There are other means too, but this is the most effective.

From Chapter 11 – *Chastity–We Must Become Self-Centered*:

Everybody says, "Be chaste, observe celibacy." For that the only criterion or specific remedy is what? – To be self-centered. It is we who give power to the mind. It is we who give power to the outgoing faculties. It is we who see good or bad outside. If we become self-centered, we may make the best use of our outgoing faculties however we like. At the present time, we are driven away, attracted by outside things like anything. If you are self-centered and somebody touches you, you will not be affected. You will be air conditioned. But if you touch those who are not air conditioned, that will carry its effect. So for that, all Masters have enjoined, "Don't touch anybody – Don't look in the eyes of others." These are the outward precautions to save you. Just like when a tree is cut down, first the branches are shorn off and it is then easier to cut the stem. These precautions are only to cut off the branches. But the whole thing will depend on being self-centered, to get your attention centered within you.

From Chapter 17 – *What are the Impediments on the Way*:

Another impediment is when somebody is devoted to you. There is one example that I will give you. Suppose that you have got Rs. 100.00 or \$100.00 in your bank. Whoever thinks or looks to you with all devotion sends in a debit bill against you. The one who is devoted will want a return for that devotion, whether you have got the money in your bank or not.

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